



Autism Community Network

Hands-On Family Empowerment Courses

ACN offers a variety of Hands-On Parenting Courses for parents interested in learning more about their child, their child's diagnosis and various research-evidenced interventions available to promote their child's development and behavior.

Who: Parents, grandparents, aunts, uncles and foster to adopt parents of children up to eight years of age with an autism spectrum disorder.

Cost: \$40 (full price) to \$10 (for families on Medicaid) per hour—a sliding fee scale based on family income is available

Where: Autism Community Network, 4242 Woodcock Drive Ste 101, San Antonio 78228

To register or ask additional questions, contact Marisol at (210) 435-1000 or visit www.acn-sa.org.

Applied Behavior Analysis

ABA is a scientifically-proven intervention to help children with autism. Parents enrolled in this hands-on parenting course will be **empowered to use ABA principles and procedures** in the home and community to decrease challenging behaviors and increase appropriate behaviors in their child. Individual sessions are one hour long and take place over an eight- to nine-week period with one of our certified Behavior Analysts.

Sensory Processing

Many children with autism face sensory processing issues that cause challenges in behavior and daily life activities. Parents enrolled in this course will be given the tools to **develop an individualized sensory plan** to meet the needs of their child's sensory system and **decrease sensory-based behaviors**, as well as **improve their participation in daily activities**. Parents enrolled in this eight-week course will learn from Adrienne Gaither, OTR, C-SIPT.

DIRFloortime®

DIRFloortime® focuses on supporting enhanced **relating and communicating** between children with autism and their caregivers. In this course, parents will discover the **power of relationship** and will learn more about their child's **social emotional development** and **individual processing strengths and challenges**. This eight-week course involves group and individual sessions with DIRFloortime® Certified Expert Clinician and Training Leader Carrie Alvarado, OTR, PhD(c)

More Than Words®

More Than Words® was designed specifically for parents of children ages five and under on the autism spectrum. The program provides parents with the tools, strategies and support they need to help their children **reach their full communication potential** and **develop play skills** in the home. The twelve-week course will take place at ACN and in the home, as well as be taught by Marie A. Wilson, MS, CCC-SLP, who is Hanen-Certified in More Than Words®.

Note: Your child will not be counted as absent. A school note will be provided at each session.

Hablamos Español

ACN's Hands-On Family Empowerment Courses are made possible by

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